



530 MAIN STREET
 LA CROSSE, WI 54601-4033
 608/782-0322

Also see our website:
www.cathedralsjworkman.org

Liturgy

Sunday Masses

Saturday: 4:30 pm
 Sunday: 7:30 am, and 10:00 am

Weekday Masses

Monday-Friday: 6:30 am, 12:10 pm
 Saturday: 8:00 am

Holiday and Holy Day Masses

For Mass times please see

- bulletin interior
- www.cathedralsjworkman.org or
- call the Rectory

Sacrament of Penance

Monday-Friday: 11:30-11:55 am
 Saturday: After 8:00 am Mass until
 all are heard; and 3:45-4:15 pm

Eucharistic Devotions

Adoration of the Blessed Sacrament is held
 each Wednesday from 7 am - 7 pm including
 Benediction at noon and resuming after the
 12:10 pm Mass.

Adoration of the Blessed Sacrament with
 devotions is held on first Saturdays, following
 the 8:00 am Mass, concluding with
 Benediction at 9:30 am.

SAINT JOSEPH THE WORKMAN | *Cathedral*

THE CATHEDRAL CHURCH OF THE DIOCESE OF LA CROSSE

July 21, 2024 – Sixteenth Sunday in Ordinary Time

When he
 disembarked
 and saw the
 vast crowd, his
 heart was
 moved with pity
 for them, for
 they were like
 sheep without a
 shepherd; and
 he began to
 teach them
 many things.
 Mark 6:34



RECTORY OFFICE HOURS

Monday-Thursday 9:00 am to 3:00 pm
 Closed Mondays: 9:00-10:00 am (Administration)
 Closed Wednesdays: 9:00-9:30 am (Staff Meeting)

OUR MISSION STATEMENT

**To follow Christ who is the way of *encounter and engagement*
 seeking to build the Kingdom of God in our midst!**

FINANCIAL STEWARDSHIP

Week of July 8 - July 14 2024

Estimated Weekly Need	\$	10,094.59
Envelopes & Plate	\$	5,559.76
Special Recurring Gift	\$	1,538.46
ACH Contributions	\$	0.00
Total	\$	7,098.22

St. Joseph the Workman Cathedral appreciates your continued generosity!

COOKING CLUB

The next Cathedral Cooking Club Dinner will be Sunday, August 18 at 5:30 pm. More information to follow!

MASS STIPEND CHANGE

In accordance with a decision of the Bishops of Wisconsin, starting on July 1st, Mass stipends increased from \$10 to \$20 each. If you would like to schedule a Mass Intention, please stop by the parish office. There are still many dates available in 2024!

PRIESTS FOR TOMMOROW DINNER

The Priests for Tomorrow Dinner will be July 28th at The Waterfront in La Crosse. Tickets are \$150 each, \$250 per couple or \$1,200 for a table of eight. Contact Renee rorth@diolc.org or 608.791.2667 for tickets or more information.

50TH WEDDING ANNIVERSARIES

Each year the Diocese invites couples celebrating 50th Wedding Anniversaries to come together for Mass with the Bishop, followed by a dinner celebration. Invitations were mailed to couples with wedding dates listed in the Diocesan records. If you did not receive an invitation please contact your parish office and/or email Laura Boden at lboden@diolc.org.

NEW PARISHIONER WELCOME

Welcome to the Parish Aidan Reiter. Cathedral Parish is grateful to have you as a member of our Parish Family!

MASS INTENTIONS

- **Monday, July 22** (*Saint Mary Magdalene*)
6:30 am – Ted and Irene Banasik and Ted Jr.
12:10 pm – Arthur and Kim Barbier
- **Tuesday, July 23** (*Saint Bridget*)
6:30 am – John Dudley
12:10 pm – Intentions of the Ryan and Autumn Callan Family
- **Wednesday, July 24** (*Saint Sharbel Makhlof*)
6:30 am – Betty and James Callan
12:10 pm – Ken and Marie Doherty
- **Thursday, July 25** (*Saint James, Apostle*)
6:30 am – Intentions of the Ryan and Autumn Callan Family
12:10 pm – Intentions of the Ryan and Autumn Callan Family
- **Friday, July 26** (*Saint Joachim and Saint Anne*)
6:30 am – John Dudley
12:10 pm – Intentions of the Ryan and Autumn Callan Family
- **Saturday, July 27** (*Blessed Virgin Mary*)
8:00 am – Carol Grattan
4:30 pm – The People of Cathedral Parish
- **Sunday, July 28** (*Seventeenth Sunday in Ordinary Time*)
7:30 am – Denny Schumacher
10:00 am – Mary Marcou

FAITH FORMATION Vacation Bible School

There are many kids signed up for Vacation Bible School August 5th - 9th from 9:00 am - 12:00 pm at Mary Mother of the Church but MANY volunteers are still needed. Still needed is a Music Station Leader. This person will teach daily songs with actions. Sheet music is provided as well as digital downloads and videos of the songs so there is no need to play an instrument to teach the songs. Also needed are adult, high school and middle school youth to assist at stations, "runners" to check on supplies, water, snacks and to help with station rotations, welcome teams to distribute name tags and help with daily attendance, and a Skit Director to gather costumes/props, and to help the children practice and perform skits. Contact Kristin Johnson: kjohnson@mmoclacrosse.org to sign up to help!

Faith Formation 2024/2025 Registration

The new school year will be here soon which means it is time to register your children for Faith Formation. All families with youth in 1st - 12th grade should have received a letter and registration information in the mail. If you have not received a letter, contact Kristin Johnson: kjohnson@mmoclacrosse.org or Samuel Obert at sobert@mmoclacrosse.org. OR register using the QR code. Early-bird registration ends August 31st. Price increase thereafter.



Feed My Sheep

Looking for a special person to serve as meal coordinator for the bi-monthly Family Faith Formation meals. Duties include planning/shopping for meals and organizing volunteers to cook/serve the meals. An excellent team of volunteers is already in place to help. Providing family meals gives opportunities for fellowship and relationship building. Contact Kristin Johnson: kjohnson@mmoclacrosse.org or 608.788.5483 Ext. 4 if you are willing to serve in this vital ministry.

CALENDAR REMINDERS & BUSINESS

- July 21** (Sunday)
New Parishioner Welcome Party (John Leslie's Home) 3:00 pm
- July 22** (Monday)
Women's Group 7:00 pm (Undercroft)
- July 25** (Thursday)
Young Adult "Holy Spirits" Prayer and Social 7:00 pm
- August 9** (Friday)
Mom's Group 9:30 am (Kevin's Office)
- August 9** (Friday)
Senior Luncheon 11:00 am
- August 18** (Sunday)
Pancake Breakfast - After Masses (Rectory Annex)
- August 22** (Thursday)
KC #839 Blood Drive 11:00 am - 4:00 pm (Undercroft)
- August 22** (Thursday)
Young Adult Evening Social w/ Bishop Battersby (Rectory Annex) 6:00 pm
- August 29** (Thursday)
Young Adult "Holy Spirits" Prayer and Social 7:00 pm
- September 8** (Sunday)
Cathedral Parish Picnic 11:30 am (Myrick Park)



Praying the Rosary with a Bit of a Twist

Do you ever have trouble concentrating while praying the Rosary? I know I do. It's hit or miss at times. What I find helpful is to add a little phrase at the "pivot point" or the middle of the Hail Mary. So, when you get to "...and blessed is the fruit of thy womb, Jesus" I add a little phrase that focuses the attention back to the Mystery being contemplated. This is something proposed by, I believe, St. John Paul II and if memory serves me further it is a long standing tradition in parts of Germany. This works well in individual recitation and in groups where everyone is on board with it. What I like about it is that it slows you down just a bit to contemplate the mystery. Honestly, sometimes I think there's a race or "galloping" factor where once the speed is ramped up.... Anyway, maybe that's only my experience.

So, as of this writing it's Tuesday and having prayed the Rosary like this today, I will use the Sorrowful Mysteries as an example. Also, at the end of the decade I like to add a one line prayer that sums it all up. Here we go.

First Mystery, the Agony in the Garden: "... and blessed is the fruit of thy womb, Jesus, who sweat blood for us. Holy Mary Mother of God...."

End prayer: "Pray for us Mary Mother of Sorrows [repeats for

the rest of the Mysteries], teach us a faith that is humble and obedient."

Second Mystery, the Scourging at the Pillar: "...Jesus, scourged at the pillar..."

End prayer: "... teach us a love that accepts suffering and setbacks."

Third Mystery, the Crowning with Thorns: "...Jesus, mocked with a crown of thorns..."

End prayer: "...that we will seek fidelity above honors."

Fourth Mystery, the Carrying of the Cross: "...Jesus, who bore the heavy Cross..."

End prayer: "...that we will bear our cross each day for love of You."

Fifth Mystery, the Crucifixion of the Lord: "...Jesus, crucified for us..."

End prayer: "...that we will crucify our pride with Christ on the Cross."

On the note of distractions while praying, one other thing I will do is to have a pen and paper at my side. If I'm still distracted and think "Oh, this is something I can't forget to do (or whatever), I just quick jot it down so I can go on and be free of it so that I'm not trying to remember what it is I'm supposed to do.

I know this will not be for everyone, but I have found it most helpful to contemplate more deeply the different aspects of Our Lord's Redemptive work. Give it a try. Let me know how it goes for you.

St. Joseph the Workman, pray for us!

Msr. Gilles

VOLUNTEERS NEEDED FOR YOUTH FORMATION

Do you have a desire to see youth grow in their Faith? We are looking for faithful, dedicated volunteer leaders for the fall 2024 - spring 2025 school year. Our multi-parish program serves youth Kindergarten through 12th grade and also offers Sacramental preparation and special events (vacation Bible school, retreats, conferences, service projects, parties, etc.). If this sounds interesting to you, God may be calling you to serve. Contact Kristin Johnson: kjohnson@newmanlc.org or Samuel Obert: sobert@mmooclacrosse.org. for more information.

WOMEN OF CATHEDRAL - MONSIGNOR NEEDS YOU!

The Seven Sisters of Cathedral are in need of women to take up a holy hour each week for the needs and intentions of Monsignor Gilles. Every week, seven women of the parish offer prayers solely for our shepherd to strengthen him to stay faithful to God's call to serve us well. We are starting our fourth year of holy hours and looking for new faces to support this mission. If you feel called to join us, contact Natalie Elskamp at: NatalieElskamp@gmail.com or 608.843.9443 or check out Seven Sisters online at sevensistersapostolate.org.

SACRAMENTS & SERVICES

Marriage

Couples requesting the celebration of the Sacrament of Marriage should contact the parish office at the time of formal engagement or at least six months prior to the anticipated date of marriage. If a couple wishes to be married as a registered member of our parish, they must actively participate in the faith (Sunday worship) and be a registered member of Cathedral parish for at least three months prior to requesting the Sacrament of Marriage. Weddings are not celebrated during Lent.

RCIA (Rite of Christian Initiation of Adults)

The RCIA is a process of initiation into the Catholic Church for those who are experiencing a conversion in their lives and desire to be baptized; those who from other Christian traditions seek full communion in the Catholic Church through Eucharist and Confirmation; or for those Catholics who have not received religious education, Confirmation or First Eucharist. This process enables one to come more fully into a relationship with Jesus Christ. To do this we study the Gospels; learn Catholic doctrine and moral teaching; develop and deepen a life of prayer; and live the faith in action. It is not merely a course of instruction but a process of conversion designed to meet the unique and individual needs of the participants. For further guidance, contact the parish office at 608-782-0322, or Msr. Gilles, Rector, or Deacon Joe Richards.

Baptism

Parents may request the baptism of their infants at least two months prior to the anticipated date of baptism. To request baptism, please call 782-0322.

Hospital Visits & Visitation of the Sick

To secure a priest for unplanned or emergency admissions to a local hospital, it is important that the patient, if possible, or a family member and/or friends, contact the Rector to administer the Sacraments. Please call the Parish Office.

If you become homebound due to illness, and would like to be visited; or those who are seriously ill, should receive the Anointing of the Sick and Holy Communion. Those with preplanned hospital procedures should call the parish office to make arrangements for anointing.

Cathedral Prayer Chain

Cathedral parish has a prayer chain that you may request prayers to be said, and pray for the needs of others. Send your prayer requests to Mari at <https://cathedralsjworkman.org/prayer-request/>.

Wills & Estates

As you prayerfully execute your will or do estate planning, please consider keeping the Cathedral of St. Joseph the Workman in mind. The most common and simplest way to include the parish in your last wishes is to include a bequest in your will or trust.

YOUNG ADULT NIGHT (21-35)

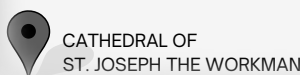
HOLY

7PM ROSARY
7:30PM WALK TO A
BAR DOWNTOWN

**bar choice dependent on
how many people attend



LAST THURSDAYS:
JUNE 27
JULY 25
AUGUST 29



CATHEDRAL OF
ST. JOSEPH THE WORKMAN

SPIRITS

INSPIRED BY THE SPIRIT CAMPAIGN PLEDGES

We are getting good use out of the new rectory garage event space, which we are now naming the "Rectory Annex!" With the completion of the annex, the receipt of bills that need to be paid associated with the project have arrived. Because the money that is being used to pay these bills is money that has been pledged over a five year span, the amount of bills that have been received by the parish to pay are far and above the amount of money that has actually been received from the Campaign. If individuals are able to pay off their pledges early, it would be very helpful to the parish. To make arrangements to pay off pledges early, please contact Sarah at the Diocese: 608-791-2653 or email: skomperud@diolc.org Thank you!

FAITH FORMATION - SUMMER EVENTS

All middle and high school youth are encouraged to join summer "Journey Nights!" These events are an opportunity for youth to be inspired in their faith while having fun with friends. Below are the remaining dates and locations:

July 24 (MS) & July 31 (HS): Blessed Sacrament

August 7 (MS) & August 14 (HS): Roncalli Newman

August 21 (MS) & August 28 (HS): TBD

Journey Nights take place from 7 pm - 9 pm. Please encourage your youth to participate! Contact Samuel Obert with questions: sobert@mmoclacrosse.org.

SENIOR CITIZEN LUNCHEON

The next Senior Luncheon will be on Friday, August 9th at 11:00 am. Please call or email Karol for further details and to RSVP at: kschlo3004@aol.com or 608.769.1270.

PANCAKE BREAKFAST



The Cathedral Family Life Committee will sponsor a pancake breakfast August 18 (Rectory Annex) 8 am - noon. Pancake Breakfast includes pancakes, eggs, sausage links, bacon and biscuits and gravy for \$12. Kids twelve and under eat for \$5. Kids three and under eat free. Proceeds will help families with children pay for the Camp Gray weekend outing in September.

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from home or on the go!

- Like us on Facebook – <http://facebook.com/cathedralsjw>
- MyParish App – text "app" to 88202 or
– visit the Google Play Store or the Apple App Store
- Parish Website – cathedralsjworkman.org
- Bulletin – online & available in the Gathering Area
- Email – office@cathedralsjworkman.org
- Telephone – 608/782-0322

RELIGIOUS LEADERSHIP & STAFF

The Most Reverend Gerard W. Battersby - Bishop of La Crosse

Monsignor Richard W. Gilles - Rector of the Cathedral
Rector's Parish Email: rgilles@diolclergy.org 608/ 782-0322 x6

Deacon Joseph A. Richards, RCIA 608/ 461-8000

Deacon Thomas Skemp 608/ 782-0322 x2

Deacon Chris Kabat 319/ 855-2386
Email: ckabat@diolclergy.org

Dr. Brian W. Luckner, Director of Sacred Music 608/ 782-0322 x4

Jackie Craig, Administrative Assistant 608/ 782-0322 x0
Parish Email: office@cathedralsjworkman.org

Kevin Decker, Parish Mission Associate 608/ 782-0322 x5
Parish Email: pma@cathedralsjworkman.org

Nathanael Rhody, Director of Maintenance 608/ 782-0322 x3
Parish Email: sjcathedralmaintenance@gmail.com 608/ 461-2123 Cell

RECTORY OFFICE 608/ 782-0322
RECTORY FAX 608/ 782-8228
Parish Website: cathedralsjworkman.org

Kristin Johnson, Director of Families Forming Disciples 608/ 788-5483 x4
Email: kjohnson@mmoclacrosse.org

Samuel Obert, Director of Youth Faith Formation 608/ 788-5483 x5
Email: sobert@mmoclacrosse.org

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Aquinas Catholic Schools Enrollment Coordinator: info@aquinasschools.org

Cathedral School 608/ 782-5998
Aquinas Catholic Schools Central Offices 608/ 784-8585

Catholic Charities 608/ 782-0710

Other Websites – <http://www.cathedralsjworkman.org>
– <http://www.AquinasCatholicSchools.org>
– <http://www.lacrossedeanery.com>
– <http://www.dioceseoflacrosse.com>

OUR FEATURED BULLETIN SPONSOR THIS WEEK IS:

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All 6th-12th grade youth are invited to participate in this day of hiking, fellowship, and prayer. We will follow in the footsteps of Blessed Pier Giorgio Frassati, who had a rich passion for Jesus and the great outdoors.

To sign up or for more information,
contact Samuel Obert by August 3rd-
sobert@mmoclacrosse.org



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