

530 MAIN STREET
LA CROSSE, WI 54601-4033
608/782-0322

Also see our website:
www.cathedralsjworkman.org

Liturgy

Sunday Masses

Saturday: 4:30 pm
Sunday: 7:30 am, and 10:30 am

Weekday Masses

Monday-Friday: 6:30 am, 12:10 pm
Saturday: 8:00 am

Holiday and Holy Day Masses

For Mass times please see

- bulletin interior
- www.cathedralsjworkman.org or
- call the Rectory

Sacrament of Penance

Monday-Friday: 11:30-11:55 am
Saturday: After 8:00 am Mass until
all are heard; and 3:45-4:15 pm

Eucharistic Devotions

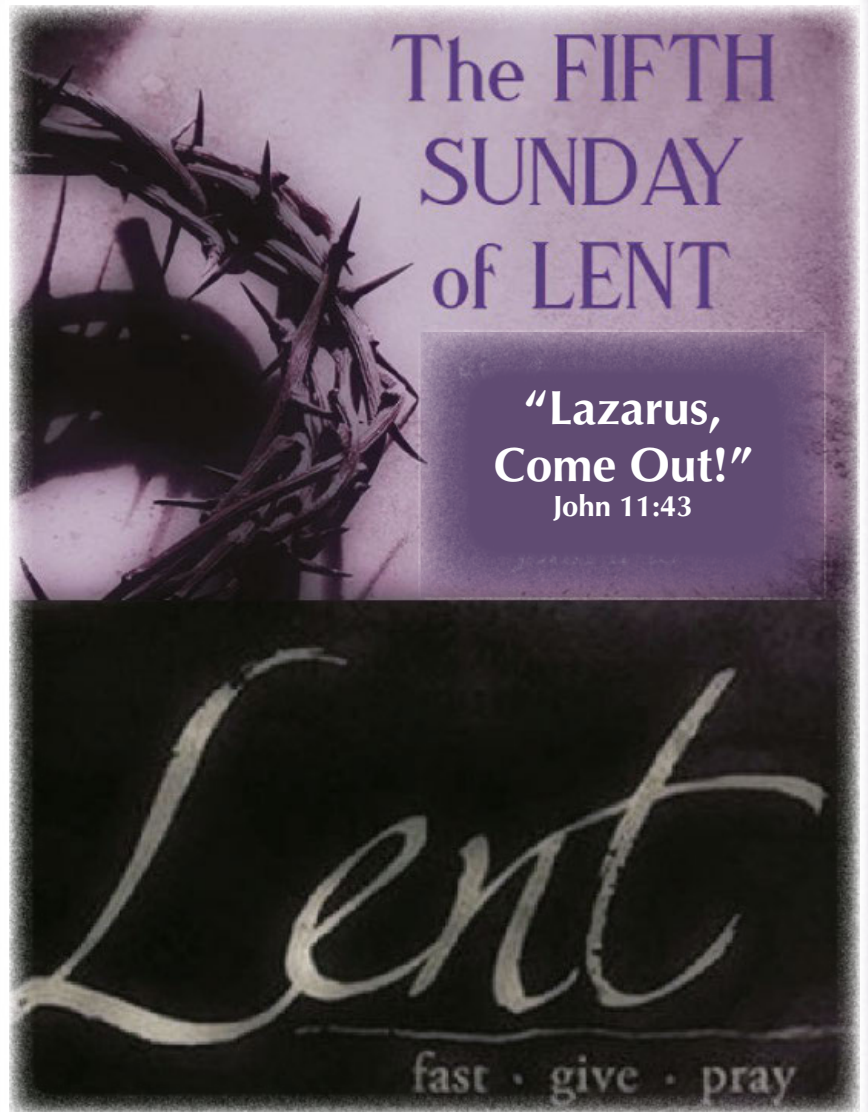
Adoration of the Blessed Sacrament is held each Wednesday from 7 am - 7 pm including Benediction at noon and resuming after the 12:10 pm Mass.

Adoration of the Blessed Sacrament with devotions is held on first Saturdays, following the 8:00 am Mass, concluding with Benediction at 9:30 am.

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THE CATHEDRAL CHURCH OF THE DIOCESE OF LA CROSSE

March 26 – Fifth Sunday of Lent



RECTORY OFFICE HOURS

Monday-Thursday 9:00 am to 3:00 pm

Closed Mondays: 9:00-10:00 am (Administration)

Closed Wednesdays: 9:00-9:30 am (Staff Meeting)

OUR MISSION STATEMENT

**To follow Christ who is the way of *encounter* and *engagement*
seeking to build the Kingdom of God in our midst!**

FINANCIAL STEWARDSHIP

Week of March 13 - March 19, 2023

Estimated Weekly Need	\$ 9,837.39
Envelopes & Plate	\$ 4,894.96
ACH Contributions	\$ 2,667.78
Total	\$ 7,562.74

St. Joseph the Workman Cathedral appreciates your continued generosity!

CHRISM MASS

The Chrism Mass is one of the Diocesan highlights at which the Bishop blesses the oils for the celebration of the Sacraments of Baptism and the Anointing of the Sick, and consecrates the Sacred Chrism used in the Sacraments of Confirmation and Holy Orders. Priests also renew their priestly promises at this Mass, and the faithful pray for them. The Chrism Mass will be celebrated on Tuesday, April 4th, at 10:30 am here at the Cathedral. Please consider attending!

FAITH FORMATION

Families Forming Disciples

FFD meets this Sunday, March 25th from 10:10 am - 11:10 am at Blessed Sacrament and Wednesday, March 29th from 5:45 pm - 6:45 pm at Mary Mother of the Church. Families will begin Lesson 8: Easter-Living the Season Fully.

FFD will not meet again for TWO weeks due to the celebration of Easter and high school Confirmation. We will see you again on April 16th and 19th respectively.

High School Faith Formation

High School Faith Formation meets Wednesday March 29th from 7:00pm-8:30pm at Blessed Sacrament. We will not meet again for TWO weeks due to Easter and high school Confirmation. We will see you again on April 19th.

NEW PARISHIONER WELCOME

Welcome to the Parish Gene and Mary Ann Roesler and Lucas DeLorenzo. Cathedral Parish is grateful to have you as members of our Parish Family!

MASS INTENTIONS

- ♦ **Monday, March 27**
6:30 am – Living/Deceased Members of the Pham and Bui Families
12:10 pm – Claude Neumann
- ♦ **Tuesday, March 28**
6:30 am – Ernest and Mildred Sallander
12:10 pm – Bill Warren
- ♦ **Wednesday, March 29**
6:30 am – Tom Sentman
12:10 pm – Timothy Minter
- ♦ **Thursday, March 30**
6:30 am – Gerald Guentner
12:10 pm – Intentions of Derek Craig
- ♦ **Friday, March 31**
6:30 am – Intentions of Amanda Jacobson
12:10 pm – Regina Szyszkiewicz
- ♦ **Saturday, April 1**
8:00 am – Diann Kosakowski
4:30 pm – Roger Lee Ellis
- ♦ **Sunday, April 2 (Palm Sunday)**
7:30 am – The People of Cathedral Parish
10:30 am – Kim Barbier

AQUINAS CATHOLIC SCHOOLS NEWS

FOUNDERS DAY CELEBRATION

The Aquinas Catholic Schools Foundation is celebrating Founder's Day on Sunday, April 23, with an award dinner at the Radisson Hotel Ballroom. Mrs. Julie Wagner, Mark Hansen, Phil (PJ) Esten, and The Weber Group will all be honored at the event. If you would like additional information about this event or to RSVP, please visit aquinascatholicschools.org/founders-day



2023-2024 ACS ENROLLMENT

Aquinas Catholic Schools welcome you to enroll for the 2023-2024 school year. Aquinas is committed to providing a safe and structured learning environment for its students. There is much to be excited about with the launch of the Viterbo Education Program, NEW STEM lab, and over fifty extracurriculars to get involved with. Call (608) 784-0287 to schedule a tour!

THE PASSION OF CHRIST MOVIE DURING HOLY WEEK

The Passion of the Christ movie will be shown during Holy Week.

Monday, April 3rd (6 pm – 8 pm) Blessed Sacrament
Tuesday, April 4th (9 am – 11 am) St. Patrick's Onalaska
Tuesday, April 4th (6:30 pm – 8:30 pm) Mary Mother of the Church. All are Welcome!

Little Corner on the Eucharist

"If we paused for a moment to consider attentively what takes place in the Sacrament of the Eucharist, I am sure that the thought of Christ's love for us would transform the coldness of our hearts into a fire of love and gratitude."

St. Angela of Foligno

CALENDAR REMINDERS & BUSINESS

- Mar 26 Pancake Breakfast (Undercroft)
- Mar 28 Euchre -Come one, come all! 6:30 (Gathering Area)
- Mar 31 Stations w/ soup supper 5:10 pm
- Apr 3 All Day Confessions 9 am - 6 pm
- Apr 3 Women's Group 7:00 pm (Undercroft)
- Apr 4 Chrism Mass 10:30 am
- Apr 7 Young Adult Game Night 7:00 pm (Undercroft)
- Apr 10 KC #839 Meeting 6:30 pm (Gathering Area)
- Apr 11 Euchre -Come one, come all! 6:30 (Gathering Area)
- Apr 11 Parish Pastoral Council Meeting 5:30 pm (Undercroft)
- Apr 12 Confirmation 6:30 pm
- Apr 13 Book Club 9 am (Undercroft)
- Apr 16 First Communion 10:30 am
- Apr 17 Women's Group 7:00 pm (Undercroft)
- Apr 23 Pancake Breakfast (Undercroft)
- Apr 11 Euchre -Come one, come all! 6:30 (Gathering Area)
- Apr 29 KC #839 Tootsie Roll Drive - after 4:30 pm Mass
- Apr 29 PCCW May Sale - after Mass
- Apr 30 KC #839 Tootsie Roll Drive - after Masses
- Apr 30 PCCW May Sale - after Masses
- May 1 Women's Group 7:00 pm (Undercroft)
- May 4 Book Club 9 am (Undercroft)



When It's Good to "Lie" to Your Children

This is the first of a two part column

"Don't Believe in God? Lie to Your Children." This was the title of a December 6th article which appeared in the Wall Street Journal by Erica Komisar, who is a Jewish psychoanalyst and therapist. She is the author of the book "Being There: Why Prioritizing Motherhood in the First Three Years Matters." The title is already saying something important. At any rate, the title of the Wall Street Journal article was quite provocative. It was a good article with a positive shout out supporting organized religion within the family. She says that as a therapist she is asked to explain why depression and anxiety are so common among children and adolescents. She said that one of the most important and neglected reasons is the declining interest in religion. This cultural shift has proven disastrous for millions of young people. Over the past 20 years there has been a 20% decrease in attendance at formal religious services. Nearly one half of adults under the age of 30 do not identify with any organized religion. The idea of nihilism or nothingness regarding God and religion is a fertilizer for anxiety and depression, Komisar says.

Parents often ask her: How do I talk to my child about death if I do not believe in God or heaven? Ms. Komisar states her answer is always the same: Lie. The idea that we simply die and turn into dust may work for some adults (and even then I'd question that) but it certainly doesn't help children. Belief in the heaven and in a providential God helps them to grapple with the tremendous and incomprehensible loss called death.

In an age of broken families, distracted parents, school violence and dire climate predictions, religion, Komisar says, plays a big role in children's ability to cope with these realities. They have a real sense that there is a plan, there is something more, that ultimately life does make sense. It communicates that I am cared for and all will be well!

The article also said that a 2018 study indicated that being raised in a family with spiritual and religious beliefs positively affects the mental health of children. Children and teens attending weekly religious services scored higher on psychological and well-being measurements and have a lower risk of mental illness. Weekly attendance is associated with higher rates of volunteerism, a sense of mission, forgiveness, lower probabilities of drug use and early sexual initiation. She goes on to say that parents frequently ask: How can I instill gratitude and empathy in my children. These virtues are embraced by most religions. She said that in her Jewish faith they have the concept of "healing the world". And therefore she said we expect our children to volunteer in the community, the synagogue, and the family. Of course all of this is true for Christianity as well. Gratitude is an antidote to entitlement. Empathy or love helps us to see Christ in others, to reach out to those who need nurturing or our care. These are strong building blocks for forming great character. They are protectors against depression and anxiety. Komisar states that in an individualistic, narcissistic and lonely society religion provides children the rare opportunity for natural community. The idea that hundreds if not thousands of people can gather and pray together and to sing God's praises is a great collective buffer against a fractured, empty, divided, bullying culture which emphasizes perfectionism, selfishness and materialism. Interestingly enough many confirmation students during their interview with me say that is the one thing they like most about the Catholic Church—it is this sense of community. Why, then, they for the most part they do not continue to practice the faith actively after they are confirmed is beyond me. It is an odd dichotomy.

Komisar says that religion practiced within the family is necessary and needed in a world where teens have hundreds of virtual friends but very few real ones where they can actually sit down and talk face-to-face. It seems to me the art of communication (and communion) is greatly being weakened. [Please note that most of what is stated above is directly attributable to Ms. Komisar excepting the personal parish things I mention.]

Msr. Ailler

SACRAMENTS & SERVICES

Marriage

Couples requesting the celebration of the Sacrament of Marriage should contact the rector at the time of formal engagement or at least six months prior to the anticipated date of marriage. If a couple wishes to be married as a registered member of our parish, they must actively participate in the faith (Sunday worship) and be a registered member of Cathedral parish at least three months prior to requesting the Sacrament of Marriage. Weddings are not celebrated during Lent.

Baptism

Parents may request the baptism of their infants at least two months prior to the anticipated date of baptism. To request baptism, please call 782-0322.

Wills & Estates

As you prayerfully execute your will or do estate planning, please consider keeping the Cathedral of St. Joseph the Workman in mind. The most common and simplest way to include the parish in your last wishes is to include a bequest in your will or trust.

Hospital Visits & Visitation of the Sick:

To secure a priest for unplanned or emergency admissions to a local hospital, it is important that the patient, if possible, or a family member and/or friends, contact the hospital pastoral care department to have the on-call priest administer the sacraments.

If you become homebound because of illness or a post hospital stay, and would like to be visited; or those who are seriously ill or have been sick for a long period of time should receive the Sacrament of the Sick and Holy Communion. Those with preplanned hospital procedures should call the parish office to make arrangements for anointing. If possible, one should be anointed apart from a hospital stay.

Cathedral Prayer Chain

Notice to all Cathedral Parishioners. The parish has a prayer chain that you may request prayers to be said, and pray for the needs of others. Send your prayer requests to Mari at <https://cathedralsj-workman.org/prayer-request/>.

SPIRITUAL REFLECTIONS FOR March 26

Fifth Sunday of Lent

At this point in our Lenten journey, it is tempting to grow weary of the spiritual disciplines we have taken on. However, today's readings inspire us to remain faithful in grateful response to a God who loves us so much. In our first reading, Ezekiel speaks God's words to us. "I will put my spirit in you that you may live... I have promised, and I will do it, says the Lord." Our God wants to be so closely united to us that we are one with Him. And He has promised He will do it. But only if we make room for Him by making Him THE priority of our lives. Putting God first is a grateful response that is very pleasing to Him. How can we do this? Our second reading, from Romans, tells us. "Those who are in the flesh cannot please God. But you are not in the flesh... you are in the spirit if only the Spirit of God dwells in you." The disciplines of Lent and a stewardship way of life are wonderful gifts that free us from too great an attachment to "the flesh." However, our sacrifices as Christian stewards are not meant to restrict our freedom and joy. Quite the contrary, they are tools to help us find the absolute freedom and joy that only come when we make room in our lives for God. As we journey closer to the Passion of our Lord, let us intensify our Lenten resolutions and stewardship way of life, inviting the Holy Spirit to take over more and more of our lives. By Easter, we will be freer to rejoice in Him and genuinely pleasing to God.

NEW TIME FOR PCCW MEETING

The PCCW will meet Wednesday, April 12th in the Undercroft. We have changed the start time of the meeting to 6 pm. A potluck at 5:30 will start the night! All women, 18 and over, are automatic members of the PCCW and are invited to participate. Contact Betty at 608.788.7619 with any questions.

THANK YOU

Thank you to Parishioner Olivia Knapik who created the March 12th and March 19th editions of the bulletin! Your help was greatly appreciated!

CHURCH CLEANING FOR EASTER

Volunteer to help us get ready for Easter! We will be cleaning the Church on Saturday, April 1st at 9:30 am. This is a great opportunity to contribute to your parish. We have all of the cleaning supplies but if you have a favorite mop or bucket, bring it with you! Contact Nancy Rand 608.518.1120 with questions.

THANK YOU

Thank you to Lynne Ostervich, Betty Hayden-Tauscher, Pat Stellflue and Amy Mulhern for helping out in the Parish office these past several weeks! We appreciate all that you did to help us out. Thank you!

CATHEDRAL BOOK CLUB

The Cathedral Book Club will meet Thursday, April 13th from 9 am - 10:30 am in the Undercroft. The movie: THE BOY IN THE STRIPED PAJAMAS will be shown. All are welcome! If you have questions please contact Colleen Wash.

KC #839 TOOTSIE ROLL DRIVE

The Knights of Council 839 will be handing out Tootsie Rolls and collecting free will donations for the 2023 Knights of Columbus Intellectual Disabilities Campaign after all Masses the weekend of Saturday, April 29 and Sunday, April 30.

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– visit the Google Play Store or the Apple App Store
- Parish Website – cathedralsjworkman.org
- Bulletin – online & available in the Gathering Area
- Email – office@cathedralsjworkman.org
- Telephone – 608/782-0322

RELIGIOUS LEADERSHIP & STAFF

The Most Reverend William P. Callahan, OFM Conventual Bishop of La Crosse	
Reverend Monsignor Richard W. Gilles - Rector of the Cathedral Rector's Email: rgilles@diolclergy.org	608/ 782-0322 x6
Deacon Joseph A. Richards, RCIA	608/ 461-8000
Deacon Thomas Skemp, Front Door Ministry Email: tskemp@cathedralsjworkman.org	608/ 782-0322 x2 608/ 385-7466 Cell
Dr. Brian W. Luckner, Director of Sacred Music	608/ 782-0322 x4
Jackie Craig, Administrative Assistant Parish Email: office@cathedralsjworkman.org	608/ 782-0322 x0
Kevin Decker, Parish Mission Associate Email: pma@cathedralsjworkman.org	608/ 782-0322 x5
Kristin Johnson, Director of Youth Faith Formation Parish Email: kjohnson@newmanlc.org	608/ 860-6001 x5
Nathanael Rhody, Director of Maintenance Email: sj cathedralmaintenance@gmail.com	608/ 782-0322 x3 608/ 461-2123 Cell
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Nancy Pederson, Aquinas Catholic Schools Enrollment Coordinator
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Aquinas Catholic Schools Central Offices 608/ 784-8585

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Other Websites – <http://www.cathedralsjworkman.org>
– <http://www.AquinasCatholicSchools.org>
– <http://www.lacrossedeanery.com>
– <http://www.dioceseoflacrosse.com>

OUR FEATURED BULLETIN SPONSOR THIS WEEK IS:

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DIVINE MERCY SUNDAY

The La Crosse Deanery has chosen the Shrine of Our Lady of Guadalupe for the celebration of Divine Mercy Sunday.

We invite you to join the hundreds of thousands across the world who have responded to this message of God's mercy and have found hope, healing, and answers to many prayers. The Feast of Divine Mercy is a day when we should approach the Lord with great faith, trust, and appreciation. Do not be afraid to ask for great things, spiritual as well as temporal. Rejoice in Our Lord's unfathomable mercy!

Schedule of Events April 16, 2023

9:00 AM - Latin Mass

11:00 AM - Spanish Mass

1:00 PM - English Mass

2:30 PM - Exposition of the Blessed Sacrament

2:45 PM - Divine Mercy Reflection

and Family Consecration to the Divine Mercy

3:00 PM - Divine Mercy Chaplet

3:15 PM - Benediction

3:30 PM - Blessing with the Relic of St. Faustina

8:30 AM - 4:00 PM - Confessions in English and Spanish

8:00 AM - 5:00 PM - Shrine open and shuttles available for pilgrims

Our Lord's words to St. Faustina:

"On that day [Divine Mercy Sunday], the very depths of My tender mercy are open. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment."

(Diary #699)

"The more a soul trusts, the more it will receive."

(Diary #1578)



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