Third Sunday of Lent

March 15, 2020

Liturgy

Sunday Masses
Saturday: 4:00 pm
Sunday: 7:30 am, 10:30 am, 4:30 pm

Weekday Masses
Monday-Friday: 6:30 am, 12:10 pm
Saturday: 8:00 am

Holy Day Masses (Weekdays)
Vigil Mass: 5:10 pm (Evening Prior)
6:30 am, 12:10 pm & 5:10 pm (Solemnity)

Holy Day Masses (Saturdays)
Friday Vigil Mass: 5:10 pm (Evening Prior)
Saturday Holy Day Mass: 8:00 am (Only)
(Note: Saturday 4:00 pm Mass fulfills Sunday obligation)

Holiday Masses
Weekday & Saturday 8:00 am
For Holy Week, Easter & Christmas schedules call the Rectory, see bulletin or go to online website
www.cathedralsjworkman.org

Sacrament of Penance

Weekdays: 11:30-11:55 am
Saturdays: 7:15-7:50 am, 3:15-3:45 pm
Holy Days: 11:30-11:55 am

First Friday Devotions

Exposition of the Blessed Sacrament is held each First Friday after the 12:10 pm Mass until 2:40 pm.
Simple benediction at 2:40 pm.

THIS WEEK’S READINGS

<table>
<thead>
<tr>
<th>Day</th>
<th>Readings</th>
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<tbody>
<tr>
<td>Tuesday</td>
<td>Daniel 3:25, 34-43; Matthew 18:21-35.</td>
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<tr>
<td>Wednesday</td>
<td>Deuteronomy 4:1, 5-9; Matthew 5:17-19.</td>
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<tr>
<td>Thursday</td>
<td>2 Samuel 7:4-5a, 12-14a, 16; Romans 4:13, 16-18, 22; Matthew 1:16, 18-21, 24a or Luke 2:41-51a.</td>
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<td>Friday</td>
<td>Hosea 14:2-10; Mark 12:28-34.</td>
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<tr>
<td>Sunday</td>
<td>1 Samuel 16:1b, 6-7, 10-13a; Ephesians 5:8-14; John 9:1-41.</td>
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Sunday, March 15
7:30 am - Noon

$3 Pancake breakfast
$4 Omelet breakfast
$12 Feed a Family

Breakfast is served in the Cathedral undercroft (downstairs)
Visitors please note there are two Sunday Masses at the Cathedral (7:30 & 10:30 a.m.)
The public is invited… tell your friends!

Proceeds for the March 15 breakfast will raise funds for Aquinas High School Junior Prom

The Cathedral Men’s Club does the cooking
Aquinas Middle School and High School students are volunteer servers at the breakfasts

530 Main Street, La Crosse, WI 54601

Also see our website:
www.cathedralsjworkman.org
MASS INTENTIONS

Monday, March 16
Memorial of St. Frances of Rome, Religious
  6:30 am  Mass (Clay Zurfluh)
11:40 am  Stations of the Cross
  12:10 pm  Mass (Jerome Ahne)

Tuesday, March 17

Memorial of St. Patrick, Bishop
  6:30 am  Mass (Roger Reichert)
11:40 am  Stations of the Cross
  12:10 pm  Mass (Special Intention for K.B.)

Wednesday, March 18

Memorial of St. Cyril of Jerusalem, Bishop & Doctor of the Church
  6:30 am  Mass (In Thanksgiving)
11:40 am  Stations of the Cross
  12:10 pm  Mass (Intention of K.Q.)

Thursday, March 19

Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary
  6:30 am  Mass (Living & Deceased Family Members of the Pham & Bui Families)
11:40 am  Stations of the Cross
  12:10 pm  Mass (Mary P. Shorna)

Friday, March 20
  6:30 am  Mass (Intention of M.B.)
11:40 am  Stations of the Cross
  12:10 pm  Mass (Living & Deceased Members of the Begeman Family)
5:10 pm  Stations of the Cross

Saturday, March 21
  8:00 am  Mass (Bruce Ball)
8:30 - 9:15 am  Eucharistic Adoration, Blessed Sacrament Chapel
  4:00 pm  Mass (Arthur G. Barbier)

Sunday, March 22

Fourth Sunday of Lent a.k.a. Laetare Sunday
  7:30 am  Mass (Jerome Ahne)
10:30 am  Mass (Arthur G. Barbier)
4:30 pm  Mass (Intention of the Cathedral Parish)

CALENDAR REMINDERS & BUSINESS

Mar 15  Men's Club Pancake & Omelet Breakfast - 7:30 am - 12:00 pm Undercroft
Mar 20  Lectio Eucharist - 10:00 am Undercroft (8)
Mar 20  Stations of the Cross - 5:10 pm
Mar 20  Lenten Soup Supper - 6:00 pm Undercroft
Mar 22  St. Joseph's Table - 7:30 am & 10:30 am Masses Gathering Area
Mar 25  Eucharist - 6:30 pm Gathering Area
Mar 25  Cathedral Book Club - 9:00 am Gathering Area
Mar 25  Lectio Eucharist - 10:00 am Undercroft (9)
Mar 27  Stations of the Cross - 5:10 pm
Mar 27  Lenten Soup Supper - 6:00 pm Undercroft
Mar 28  First Confession & First Holy Communion Practice - 8:45 am
Mar 29  Find-Ups Book For Consecration to St. Joseph
Mar 29  First Holy Communion During the 10:30 am Mass
Mar 29  Hospitality Sunday Sponsored by the Cathedral PCCW
Apr  3  Lectio Eucharist - 10:00 am Undercroft (10)
Apr  9  Holy Thursday
Apr 10  Good Friday
Apr 11  Easter Vigil - 8:30 pm
Apr 12  Solemnity of Easter
Apr 13  Cathedral PCCW Meeting - 6:00 pm Rectory
Apr 13  Knights of Columbus - 7:00 pm Undercroft
Apr 15  Conferral of Confirmation - 6:30 pm (Group 1 of 3)
Apr 21  Publicity Committee Meeting - 6:00 pm Rectory
Apr 25  Knights of Columbus Tootsie Roll Campaign - All Masses
Apr 30  Cathedral Book Club - 9:00 am Gathering Area
Apr 30  PCCW Chicken - Q
May  1  Consecration to St. Joseph
May  9  Sacred Worship Committee Meeting - 8:45 am Bishop's Vestry

INTERESTED IN BECOMING A PARISHIONER?
We welcome all new parishioners into our parish family.
To register, please call 782-0322 to make an appointment at the parish office.

FORMED
This week we celebrate the feast of St. Joseph and Formed.org has great resources to learn more about this humble saint. In the film Joseph of Nazareth see Joseph being inspired and led by God’s messengers to trust and follow His plan along with beautiful vignettes of many of the other powerful scenes in the life of Christ and the Holy Family.

LENTEN REGULATIONS
The season of Lent began on Ash Wednesday, February 26. Lenten regulations are as follows:

Catholics who have celebrated their 14th birthday are to abstain from meat on Ash Wednesday, all Fridays in Lent, and Good Friday.

In addition to abstaining from meat, Catholics who have celebrated their 18th birthday, until they celebrate their 59th birthday, are to fast on Ash Wednesday and Good Friday. Those who are bound to this regulation may eat only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one’s needs, but eating solid foods between meals is not permitted.

LENTEN WEEKDAY SERVICES
The schedule of Masses and confessions during the weekdays of Lent is the same as in Ordinary Time. In addition there will be Stations of the Cross on weekdays at 11:40 am. On the Fridays of Lent, there will be Stations of the Cross at 5:10 pm, concluding with Benediction. There will be exposition of the Blessed Sacrament on the Saturdays of Lent following the 8:00 am Mass and concluding with Benediction.

LENTEN SOUP SUPPERS
The Cathedral Parish will resume its Lenten Soup Suppers during the Friday’s of Lent. The evening opens with Stations of the Cross and Benediction at 5:10 pm, followed by a soup supper in the Undercroft. As in other years the people of the parish are being asked to donate yeast or sweetbreads for each of the suppers. They can be dropped off in the Undercroft near the kitchen. The following guidelines can be used: S-U March 20  V-Z March 27

Many thanks to the following speakers who will be giving talks at the Friday Lenten Soup Suppers during the Friday’s of Lent:

- Clare Ruff will talk about the Hosea Initiative on March 20.
- The evening of Friday, March 27 is open if someone would enjoy giving a talk (if so, please contact Sandy at 787-1775, or Sara at 385-4788, Education Committee Members).
- On April 3, Sr. Mary Ann Gschwind will talk on the Franciscans in La Crosse.
DIOCESAN ANNUAL APPEAL STATISTICS FOR THE CATHOLIC OF ST. JOSEPH THE WORKMAN

Cathedral Goal: $50,795.00
Amount Received: $54,063.00
Outstanding Pledges: $1,057.00
Total Pledged & Received: $55,120.00
Over/(Under) Goal: $4,325.00
% Goal Pledged: 108.51%
% Goal Paid: 106.43%

ST. JOSEPH’S TABLE
Next Sunday, March 22, the Cathedral will host a St. Joseph’s Table following the 7:30 am and 10:30 am Masses in the Gathering Area. Come join the fun! Celebrate and enjoy the tasty treats! You are invited to bring a breakfast bread, coffee cake, fruit or other breakfast-type item that will be blessed and shared by all. Place your item on the St. Joseph’s Table in the Gathering Area before Mass on Sunday, March 22. There is no need to RSVP to come. Questions? Call Clare at 608/304-1767.

LENTEN PRAYER RESOURCE FOR COUPLES
Married Couple Lenten Prayer resource The apostolate Marriage in Christ has a daily prayer resource for Married Couples that can be downloaded from Marriage and Family Life webpage: diolc.org/marriage.

CATHEDRAL PRAYER CHAIN
Notice to all Cathedral Parishioners. We now have a prayer chain that you may request prayers to be said and pray for the needs of others. Send your prayer requests to Mari at https://cathedralsjworkman.org/prayer-request/.

HOSPITAL VISITS
Parish priests are always glad to come to administer the sacraments at our local hospitals; however, it is vitally important that the patient, if possible, or a family member and/or friends contact the Rectory at 782-0322 to let us know a parishioner is hospitalized. Otherwise, we have no way of knowing you are hospitalized.

WILLS & ESTATES
As you prayerfully execute your will or do estate planning, please consider keeping the Cathedral of St. Joseph the Workman in mind. The most common and simplest way to include the parish in your last wishes is to include a bequest in your will or trust.

IN SYMPATHY
Please pray for the repose of the soul of Marie Daley, who died recently, and for the comfort and consolation of her husband, Bob, family, friends and loved ones. May her soul and the souls of the faithfully departed, through the mercy of God, rest in eternal peace. Amen.

CORONAVIRUS - CHANGES IN PROTOCOL
Effective immediately the following changes are being implemented at the Cathedral to limit the spread of the Coronavirus: Suspension of holy water fonts, suspension of the exchange of the sign of peace (hand wave is permissible), suspension of the distribution of the Precious Blood, suspension of the Precious Body being received on the tongue (reception will be in the hand only), and the elimination of priests offering handshakes following Holy Mass.

CATHEDRAL SENIOR CITIZENS LUNCHEON
The next Cathedral Senior Citizens Luncheon will be on Thursday, March 19, at 11:30 am at Hu Hot Mongolian Grill (3800 Highway 16, Valley View Mall). R.S.V.P. to Karol at 769-1270 to reserve a seat. All are welcome to join us for our monthly luncheon outings.

CONSECRATION TO ST. JOSEPH
If you are interested in making the Consecration to St. Joseph, there will be a meeting on Sunday, March 29, at 9:30 am, in the Undercroft (lower level) of the Cathedral where Fr. Donald Calloway’s book, Consecration to St. Joseph: The Wonders of Our Spiritual Father, will be distributed. In the midst of crisis, confusion, and a world at war with the Church, it’s time to come home again to our spiritual father, St. Joseph. For more information and to order a book, call Mari at 518-7655 by Sunday, March 22.
KNIGHTS OF ST. JOSEPH

Gentlemen, just as a farmer’s fields need to be plowed, disked, harrowed and spring toothed for a bountiful harvest, so too, do our spiritual lives require this fine attention, before planting wholesome seeds to realize an overflowing yield. Each and every day should be a day of conscientiously cultivating proper attitudes, behaviours, habits and virtues, which mirror those of God. However, Holy Mother Church in Her prudence and wisdom sets aside these 40 days of Lent, leading up to Easter, to really get serious and get down to the nitty gritty, as it were, of eradicating those uncomely attributes and all of our sins which separate us from God. Just as we are told in Sacred Scripture, (Isaiah 55:6-7). Seek ye the Lord while He may be found, call ye upon Him while He is near. Let the wicked forsake his way, and the unrighteous man his thoughts: and let him return unto the Lord, and He will have mercy upon him; and to our God, for He will abundantly pardon.

MASS INTENTIONS

Mass intentions are readily available in the 2020 calendar year. If you would like to have a Mass offered for a loved one, living or deceased, or for a special intention, please contact the Rectory Office to schedule your Mass intentions.

With First Communion, Confirmation and Graduation around the corner, this may be a great time to have a Mass offered for these individuals as they celebrate the Sacraments of Initiation and their academic achievements.

EUCHRE NIGHT - WEDNESDAY, MARCH 25

Like to play Euchre, want to learn how? Cathedral Parish is hosting a Euchre night where you will meet new people, improve your skill and have some fun. Open to all players. No need to bring a partner - we will match you up. If you haven't played before, come and learn; you'll get hooked! Cathedral Gathering Space. Doors open at 6:30 pm. Cards start as tables fill up.

UNPLANNED

You are invited to watch the powerfully prolife film "Unplanned". This film is based off the true story of Abby Johnson, a woman who formerly was advancing her career rapidly at Planned Parenthood and is now one of the countries leading prolife activists. Come see her amazing transformation and the true power of prayer. The film will be shown on Saturday, March 28th, at 5:30pm at St. Leo’s Parish Hall, 210 West Hamilton Street, West Salem. Free will donations will be given to prolife Wisconsin. The film is rated R but is appropriate for roughly high school age and up. Any questions, please contact Brook White, 799-3424.

RELIGIOUS LEADERSHIP & STAFF

The Most Reverend William P. Callahan, OFM Conv, Bishop of La Crosse
Very Reverend Jerzy Rebacz, Rector of the Cathedral
Fr. Juan Pedro Roblez Baltazar, In Residence
Deacon Joseph A. Richards
Deacon Thomas Skemp

SAINT JOSEPH THE WORKMAN CATHEDRAL STAFF

RECTORY OFFICE HOURS: M-F 8:00 am-4:30 pm
RECTORY OFFICE  608/ 782-0322
RECTORY FAX  608/ 782-8228
Deacon Joseph A. Richards, RCIA  608/ 780-1669
Deacon Thomas Skemp, Front Door Ministry  608/ 385-7466
Dr. Brian W. Luckner, Director of Sacred Music  608/ 782-0322
Edward Jones, Administrative Assistant  608/ 782-0322
Nathanael Rhody, Director of Maintenance  608/ 461-2123

Maintenance Office: Ext 229  Church Kitchen: Ext 233
RCIA Office: Ext 230  Sacristy: Ext 234
Music Office: Ext 232

Maintenance Email: sjcathedralmaintenance@gmail.com
Parish Email: office@cathedralsjworkman.org
Parish Website: cathedralsjworkman.org

DIOCESAN

The Aquinas Catholic Schools System:
We are proud of our schools and hope families will consider becoming part of the Aquinas Catholic Schools System.

Ted Knutson, President of Aquinas Catholic Schools
Temporarily Vacant, Aquinas Catholic Schools Enrollment Coordinator
Cathedral School: 608/782-5998
Aquinas Catholic Schools Central Offices 608/784-8585
Catholic Charities 608/782-0719

Other Websites – http://www.cathedralsjworkman.org
– http://www.AquinasCatholicSchools.org
– http://www.lacrossedeanery.com
– http://www.dioceseoflacrosse.com

Bulletin Deadline:
The Cathedral Bulletin deadline is 4:00 pm each Monday.

LITURGICAL SCHEDULES for the weekend of March 21-22

SATURDAY – 4:00 PM MASS

Leslie, John  AS
Bissen, Mary  EM
McDonnell, Jean  EM
Richards, Deacon Joseph  OM
Walsh, Colleen  LTR

SATURDAY – 7:30 AM MASS

Gundersen, Lars  AS
Gundersen, Patrick  AS
Fuchsteiner, Julie  EM
Peters, Charlie  EM
Skemp, Deacon Thomas  OM
Gundersen, Margy  LTR

SATURDAY – 10:30 AM MASS

Szyszkiewicz, John-Luke  AS
Szyszkiewicz, Gregory  AS
Dudley, Mary  EM
Skemp, Deacon Thomas  OM
Withrow, Cyndi  EM
Szyszkiewicz, Thomas  LTR
Halvorson, Andrew  USH

SUNDAY – 4:30 PM MASS

Nduka, Joseph  USH
Nduka, Chiagioziem  USH
Nduka, Chadiikozi  USH

SUNDAY – 7:30 AM MASS

Nduka, Chukuma  AS
Callan, Charles  EM
Gleason, Karen  EM
Richards, Deacon Joseph  OM
Sallander, Craig  LTR

OUR FEATURED BULLETIN SPONSOR THIS WEEK IS:
Becker Tax & Bookkeeping, LLC
How God Guides Us

Relationship comes first!

Our high school students in the Diocese have been telling us through surveys and interviews over the last several years that they want to know how God guides them in everyday life. This is radically important for them, and for each one of us.

It is essential to know that God truly desires to lead us. We can be sure of this because God has revealed to us in the Scriptures that He will guide us in all things. Here are some Bible passages that point to this fact:

- “He guides me in right paths for His name’s sake” (Psalm 23: 3).
- “I will instruct you and teach you in the way you should go; I will counsel you with My loving eye on you” (Psalm 32:8).
- “Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths known” (Proverbs 3:5-6).
- “If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you” (James 1:5).
- “And I tell you, ask and you will receive; seek and you will find; knock and the door will be opened to you.” (Luke 11:9).

God offers us guidance in different ways. However, there is something that is foundational to our receiving it. The key is our relationship with God—knowing the Guide Himself. Each of us must come to understand, through a special grace given by God, that we are loved deeply and uniquely by Him. Saint John says: “We love because God first loved us” (1 John 4:19). Whether we were blessed to realize this early in life, or whether we come to understand it later on, it profoundly affects a person to realize that I’m in this world because I’m loved— that I’ve been known and loved from all eternity— that I’ve been given life at a certain time, in a certain place and within a certain set of circumstances. I’ve also been given the choice to follow the Lord or reject Him.

In order to receive this grace of a deeper experience of God’s personal love, we need to ask for it. Our Lord will answer this prayer, and we need never stop asking for more of it - for more of Him. When we know the truth of how much God loves us and that He wants to guide us, everything changes: we become more peaceful, confident and trusting. As we grow in our relationship with Jesus, we become more aware of His guidance. And, as we follow His guidance, we will grow deeper in our trust and relationship with Him.

Guidance is a gift from God and our part is to dispose ourselves to receive it. The proper disposition involves being open, available and entails looking for and being ready to receive the gift of guidance when God gives it.

God desires what is best for us, even better than what we want for ourselves, or that anyone else wants for us. Based on this trust, we want to make ourselves available to what God desires. Even when this includes a certain amount of difficulty or suffering, God’s guidance is always accompanied by a peace and joy deep down in our heart. He promised us that everything will work out together for good, in the end. (See Romans 8:28). If you would like to read two modern-day true stories of God’s very real and practical guidance, they can be accessed at diolc.org/deeper, then click on Stories for Bulletin Insert 1.

How does one go about seeking guidance from God? How do we begin to learn to listen for God’s guidance? How can we tell if we’re just “talking to ourselves” or if we’re listening to God? These questions will be answered in a series of bulletin inserts to follow, which will provide specific principles for understanding how God guides us and how to practice making personal application in our everyday life. There is nothing more exciting than knowing that God has a special path for us and that we can come to know the peace and joy that comes in following this adventure with Him!

By – Ann Lankford, Office for Catechesis & Evangelization
– Carol Lankford, consecrated virgin & spiritual director